

## The Church Prays

Keep these ideas in mind as you study **Unit 3, Session 13**.

At Mass, Jesus is present in the priests, in the people gathered, and in the Scriptures.

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Jesus reaches out to us through the sacraments. Jesus gives us the sacraments to help us grow in faith and live as God wants us to live.

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The sacraments are outward signs of the grace we receive from God.

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Bread and wine are signs of the Eucharist.

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Sacramentals are sacred signs established by the Church. Sacramentals can be actions or objects. A blessing is a sacramental that is an action. Holy water is a sacramental that is an object.

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Jesus tells us that the Kingdom of God is among us.

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Through the Holy Spirit, Jesus Christ is present to us in the sacraments.

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You are like Jesus when you reach out to someone who is different from you.

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In the story of Jesus and the Roman officer, the officer had never met Jesus but had faith in him and wanted him to heal his servant.

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