

Resisting Capital Sins

Capital sins, such as pride, sloth, and envy, prevent us from following God's plan for us.

Directions: Look at the sinful actions on the chart below. In the first space, write whether the action is an example of pride, sloth, or envy. Then write what you can do to avoid the sin.

Action	Sin	What I Can Do Instead
1. Sleep late while my family goes to church.		
2. Beg mom for a bike like Billy's.		
3. Tell everyone how smart I am.		
4. Complain that our house isn't as big as our neighbor's house.		
5. Play lots of video games on a school night.		
6. Laugh at the other team when we beat them.		