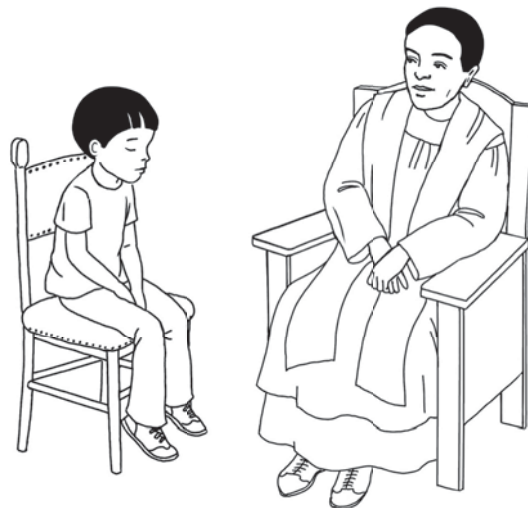


The Sacrament of Reconciliation

In the Sacrament of Reconciliation, we celebrate in a visible way the fullness of God's love and forgiveness.

The Sacrament of Reconciliation has many names. We call it the sacrament of conversion because through it, we take the first step in turning our hearts back to God. It is the sacrament of confession because when we celebrate it, we tell our sins to the priest. The Sacrament of Reconciliation is the sacrament of forgiveness because through absolution, we receive God's pardon and peace.



Examination of Conscience

Before we celebrate the Sacrament of Reconciliation, we make an examination of conscience. We think about our lives and the times we have freely chosen to turn away from God. On the lines below, write a prayer you can pray when you make an examination of conscience. In your prayer ask God for the strength to resist temptation in the future. Express to God thanks for his gift of forgiveness.
