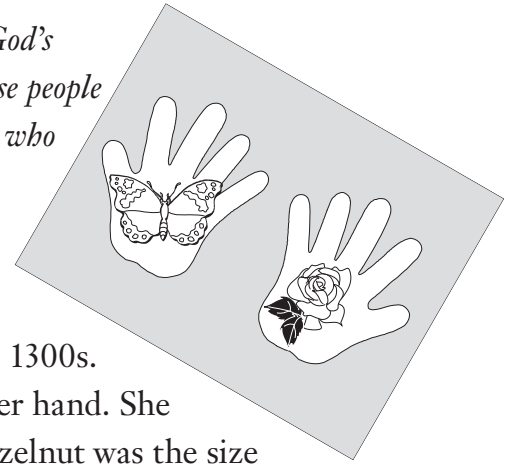


Name \_\_\_\_\_

Date \_\_\_\_\_

## Appreciating the Wonders of God

*Some people spend their lives appreciating the wonders of God's creation and praising him for all that he has given us. These people are called mystics. One such mystic was Julian of Norwich, who lived more than 600 years ago in England.*



### Julian of Norwich

Julian of Norwich was a holy woman who lived in the 1300s.

In a vision God asked her to hold a tiny hazelnut in her hand. She held it tenderly. God asked her to imagine that the hazelnut was the size of the whole universe. He told her that just as tenderly as she was holding the hazelnut, he holds the universe in his hands. This is how much he loves all things and continues to love them.

### In His Hands

Trace each of your hands and cut out the handprints. Then glue the handprints to a sheet of construction paper. In each hand draw a picture of something from God's creation, or cut out images from magazines and glue them on the hands. At the bottom of the page, write a short prayer thanking God for his love and care.

---



---



---



---



---