

God Creates Us

Keep these ideas in mind as you study **Unit 1, Session 1**.

Saint Augustine is the patron saint of theologians. Augustine wrote about his personal relationship with God in a book titled *Confessions*.

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The first book of the Bible, Genesis, tells the story of how God created the earth from what was disorder and chaos.

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The sentence, "God saw how good it was," shows God's love for his creation and the value and dignity of work in God's eyes.

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We can come to know God in two ways—from outside and from inside. We can see God's work in the visible world around us, and we can also look inside ourselves and realize that we are incomplete and part of a larger plan.

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The Trinity is God the Father, the Son, and the Holy Spirit. There is only one God, yet these are the three distinct Persons in God.

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Each Person of the Trinity has a special mission. The Father created the world. The Son became man to save us. The Holy Spirit gives us grace to believe and understand.

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We can show our belief in the Trinity by praying the Sign of the Cross. A prayer of praise to the Trinity is called a Doxology. At Mass our sung expression of praise of the Trinity is the *Gloria*.

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Prayer is time we spend with God in our minds and hearts.

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The Preface, which recalls God's work in creation, begins the Eucharistic Prayer.

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We have the responsibility to love and care for the world that God so lovingly created.

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