

Name _____

Date _____

Satisfaction in Penance

Satisfaction means doing what is possible to repair the harm a sin has caused to another person and to yourself. After we confess our sins to a priest, he gives us a penance to perform. This penance is often in the form of an action or prayers to say.

Directions: Below is a list of sinful actions and attitudes. Describe what you think would be an appropriate penance (action or prayers) to repair the harm done.

My Relationship with God

I do not turn to God often during the day, especially when I am tempted.

I fail to participate at Mass with attention and devotion on Sundays and holy days.
I fail to pray often and read the Bible.

I use God's name or the names of Jesus, Mary, and the saints disrespectfully.

My Relationship with Others

I give a bad example by my words or actions. I fail to treat others fairly. I spread stories that hurt other people.

I fail to be loving and respectful to my parents, brothers and sisters, teachers, and others in authority.

I fail to show respect for my body and for the bodies of others. I fail to keep away from forms of entertainment that do not respect God's gift of sexuality.

I've taken or damaged something that did not belong to me. I cheated, copied homework, or lied.
