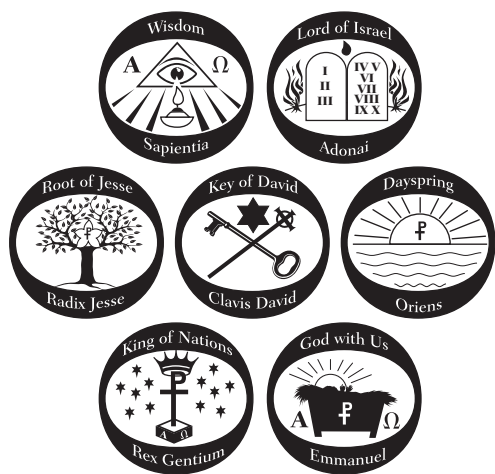


The O Antiphons

The O Antiphons are sung at Evening Prayer as part of the Liturgy of the Hours in the final week of Advent. They are sung or recited before and after the Magnificat.

An antiphon is a verse or song to be chanted or sung in response. These antiphons stress the hope of the coming of Jesus. Each antiphon begins with O and then refers to an Old Testament title for Christ. Some people use antiphons for family prayers during Advent, during the weekly lighting of the candles of the Advent wreath, or when adding ornaments to the Jesse Tree. The O Antiphons also form the verses of the hymn “O Come, O Come Emmanuel.”



The O Antiphons include the following:

- O Wisdom
- O Adonai
- O Root of Jesse
- O Key of David
- O Dayspring
- O King of Nations
- O Emmanuel

Write O Antiphons

Think about the many names for God you use when you pray. Write your own O Antiphons on the lines below. Pray your antiphons every day during Advent.
