

Name _____ Date _____

The Psalms Help Us Express Our Hearts

Many of the psalms were written in response to difficult experiences of God's people or of a single person. The psalms help people express their grief and anger. They are also used to praise God and thank him for life's blessings. While they remind us of God's care in the past, they form a foundation that helps us understand God's care for us today.

Write a Psalm of Intercession

Think of a problem in today's society, such as hunger, violence, or poverty. Write a psalm about this problem, using the following format.

Describe the problem.

Remember the good that God has done in the past.

Ask for God's help with this specific problem.

Thank God for his help and praise him for his goodness and justice.
