

Dear Parents and Guardians,

September 2025

This year the Archdiocese of Newark is asking all families to complete two Empowering God's Children lessons with their child (ren). The two lessons focus on boundaries and safe adults. You will need to teach lessons 3 & 4 to your child (ren) and then sign the form below. The Archdiocese of Newark has mandated that each parish send back a report by letting them know that all our families have completed the 2 lessons.

NOTE: Please read thoroughly, lessons and all related material are linked below and on the next page.

Empowering God's Children Program Information Due by January 30, 2026:

This year the Archdiocese of Newark is asking us to teach Lessons 3 & 4. Each lesson will take about 40 minutes, so you just need to show the video (which is about 8 minutes), and do an activity from each lesson. There are several activities to choose from, but you only need to do one of them.

- **Lesson 3: Boundaries** - You Have Rights! Children must understand they have a right to be safe, and they are allowed to create boundaries to protect themselves in situations where they feel uncomfortable, or where they could be harmed.
- **Lesson 4: Secrets, Surprises and Promises** - Children must learn how to respect their own health and safety, and that of others, by understanding the safety rules about secrets. They have a right to be safe, and they are allowed to create boundaries to protect themselves in situations that cause discomfort or violate the safety rules.

I. Training Format: The parents will present Lessons 3 & 4 directly to their own child(ren) at home. There is no option to opt-out, as the Archdiocese of Newark has allowed in the past.

II. Parent Acknowledgement Form (page 3): After finishing both lessons with your child(ren), please complete this form by January 30, 2026, so we can confirm completion with the Archdiocese of Newark. Three ways you can submit the form: (1) Online [EGC Parent Acknowledgement Form](#) (2) Email form (page 3) to bestreligioused@gmail.com or (3) Drop the form at the parish offices.

III. Here are the links to the lessons, as well as introductory videos for you: Click the Lesson according to your child's school grade.

[Teaching and Safety Guide](#)

[Program Overview](#)



***Empowering God's Children*® Safe Environment Program**

Parent Led Session

Parent Information & Acknowledgement Form

***Parents, the lessons are based on the student's school grade level. Please click the lesson according to your child's school grade level. ***

[K-Grade 2: LESSON 3](#)

[K-Grade 2: LESSON 4](#)

[Grade 3-Grade 5: LESSON 3](#)

[Grade 3-Grade 5: LESSON 4](#)

[Grade 6- Grade 8: LESSON 3](#)

[Grade 6- Grade 8: LESSON 4](#)

[Grade 9- Grade 12: LESSON 3](#)

[Grade 9- Grade 12: LESSON 4](#)

If you have any questions, please contact me at **bestreligious@gmail.com**.

Thank you for your partnership with us in sharing the faith and protecting our youth.

Sincerely,

Iveth Parada



Empowering God's Children[®] Safe Environment Program

Parent Led Session

Parent Information & Acknowledgement Form

PARENT / GUARDIAN ACKNOWLEDGEMENT

*Complete this portion and return **AFTER** you have provided the Empowering God's Children Program Lesson 3 and Lesson 4 to your child.*

I, (name of parent/guardian) _____ certify that I have presented my child (ren), Empowering God's Children **Lesson 3: Boundaries: You Have Rights!** And

Lesson 4: Secrets, Surprises and Promises.

Child's Name: _____

School Grade: _____

Child's Name: _____

School Grade: _____

Child's Name: _____

School Grade: _____

Parent Signature *: _____

Date: _____

**If you are unable to print, sign and scan, typing in your full name above will be considered your signature.*

RETURN COMPLETED FORM TO:

Iveth Parada-Parish Catechetical Leader

Email: bestreligioused@gmail.com or return to the parish office BY:

January 30, 2026

Thank you for your partnership with us to protect children and youth.